



COUNTY OF SAN MATEO LGBTQ COMMISSION

Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) Commission

Tuesday, April 7, 2020

For Video Conference: <https://tinyurl.com/April7LGBTQcommission>

For Audio Conference: dial +1 650-761-6481 then enter Conference ID: 753 277 387 followed by #.

Please Note: Detailed step-by-step instructions are included in the agenda.

6:30 PM – 8:30 PM

MEETING MINUTES

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| 1. Call to Order, Land Acknowledgement, Group Agreements | <i>Action</i> | We acknowledge that the County we are meeting in was originally land of the Ohlone people. <u>Our Group Agreements</u> include Share the air; step up, step back; Listen for understanding; Lift as you climb; Be present & engaged; Let the facilitator guide the process; Technology on silent. |
| 2. Roll Call | | Present: Lelan Anders, Rebecca Carabez, Terri Echelbarger, Carmen O’Shea, Gabe Garcia, Grant Whitman, Giuliana Garcia, Krystle Cansino, Steve Disselhorst, Dana Johnson, Craig Wiesner, Tanya Beat, Linda Wolin Absent: n/a |
| 3. Public Comment | | none |
| 4. Approval & Adoption of Agenda | <i>Action</i> | Craig Wiesner motions. Dana Johnson seconds the motion. Approved by acclamation. |
| 5. Approval of March Meeting Minutes | <i>Action</i> | Terri Echelbarger motions. Lelan Anders seconds the motion. Approved by acclamation. |
| 6. Communications from Commissioners | <i>Update</i> | Check-in with all Commissioners, Pride Initiative and Pride Center <u>Suggestions for Self-Care:</u> Taking off time from work for self-care Meditation, sound baths , delta waves , ginger tea Zumba , Jazzercise, HipHop Gardening, slowing down Window of Tolerance Calling distant family members (reaching out for connection) |

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| | | <p>Thanking Essential Workers with blue ribbons or thank you's</p> <p>Having a structured daily agenda</p> <p>For small business help: San Mateo County STRONG</p> <p>Reading more books</p> <p>Dad jokes!</p> |
| <p>7. REPORTS</p> <ul style="list-style-type: none"> - Pride Initiative & Pride Center - Commission Co-Chair - Commission <u>Director</u> | <i>Update</i> | <p><u>Pride Initiative</u>: Monthly meeting is tomorrow on Zoom; Special presentation on MHSA Survey and looking at strategies for future funding. Pride Celebration on June 13 is still being planned. However, now looking at options for a virtual event. BHRS Resource Guide PDF is circulating; now on Commission website.</p> <p><u>Pride Center</u>: Mental Health services still available through TeleHealth; Case management and peer, social groups are available. SOGI training going online! Pride Center April Calendar now features the virtual info for groups and presentations. Diana Hernandez is now managing all youth program.</p> <p><u>Commission Co-chairs</u>: Rebecca Carabez</p> <p><u>Commission Director</u>: refer to meeting materials Director's Report</p> |
| <p>8. All County Cities Pride Proclamations & Flag-raising Project</p> | <i>Update</i> | <ul style="list-style-type: none"> ○ <u>Modifications due to COVID-19</u>: In moving forward with inviting cities to do proclamations and raising a flag, they all can still do these two things with the caveat that we may not be able to do a public flag-raising. Also suggested by Grant and Rebecca are to invite them to add to their websites: <ul style="list-style-type: none"> Rainbow flag How Pride got Started List of LGBTQ Orgs and their links ○ Allow them options so that they choose what works for them. ○ Please let us know if you need help with your assignment ○ Please update the Tracker ○ Revision of Email Template & Inclusion of Suggested Pride Acknowledgement on City Websites |
| <p>9. Adjournment</p> | | <p>NOTE: Puente is needing donations of masks or homemade masks for farmworkers; CORA also is asking for items for donation and regular monetary donations.</p> |