



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

FACILITY NAME: San Mateo County Receiving Home
FACILITY TYPE: Temporary Shelter Care Facility - TSCF
CAPACITY: 6

FACILITY ADDRESS: 31 Tower Road, San Mateo, CA 94402
FACILITY PHONE NUMBER: 650-312-5320

FACILITY STAFF/MANAGER INTERVIEWED: Aimee Salazar Nunez, Mileu Program Specialist

COMMISSION INSPECTORS: Johanna Rasmussen, Paul Bocanegra, & Whitney Genevro
PRESIDING DEPENDENCY COURT JUDGE: The Honorable Susan Etezadi
DIRECTOR OF CHILDREN & FAMILY SERVICES: John Fong
FACILITY MILIEU PROGRAM SPECIALIST SUPERVISOR: Aimee Salazar

INSPECTION PERIOD: August 1, 2023 - July 31, 2024
INSPECTION DATES: August 14, 2024

BACKGROUND INFORMATION

A Temporary Shelter Care Facility (TSCF) is a 24-hour residential facility that provides up to ten days of short-term care and supervision for children who have been removed from their homes due to abuse, neglect, or both, as defined under Section 300 of the Welfare and Institutions Code. These facilities serve as transitional settings, allowing county placing agencies time to complete necessary assessments and identify appropriate, stable placements for the children. The TSCF model is designed to deliver demonstrable improvements in achieving permanency and long-term placement stability for children. Child welfare agencies are required to submit a detailed written report to the state within 24 hours whenever a child stays beyond the ten day limit. The overstay report must outline the circumstances of the overstay and include the signature of the county child welfare agency director or their authorized designee.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

EXECUTIVE SUMMARY

The San Mateo County Receiving Home is a state licensed 6-bed coed Temporary Shelter Care Facility or TSCF, located in unincorporated San Mateo County. The facility serves dependent children between the ages 6-17. The Receiving Home’s mission is to provide culturally relevant trauma informed care and services and to honor the cultural and chosen identity of each resident and family.

The Inspection Team arrived at the facility on Wednesday, August 14, 2024 to meet with Ms. Aimee Salazar and her staff . The team spent approximately 5.5 hours inspecting the facilities, reviewing secure documents, and conducting interviews with staff. The team spent an additional 18 hours reviewing non-secure documents offsite. There was one child in residence during our visit. The team did not interview them.

The Receiving Home is located within a large one story building in unincorporated San Mateo County. The facility resembles a large modern farmhouse. The grounds are clean and professionally landscaped with native plants and shrubs. The interior of the facility is homelike and welcoming. There is laminate flooring throughout. The dayroom provides space to do a variety of indoor activities i.e. crafts, games, reading, television, etc. Hallways are clear and free of obstructions. Bedrooms are clean, well organized, and nicely furnished. Children are afforded privacy and have ample room for personal storage. The twin beds were covered with nice pillows and clean linens and bedding. The bathrooms are spotless with toiletries, ethnically appropriate hygiene products, and clean towels readily available. The combined kitchen and dining room has high ceilings and an abundance of natural light. The kitchen has modern appliances, stone countertops, a large island and is accentuated with plants. The cabinets, food storage, and pantries were well stocked. The dining room table and chairs can be easily rearranged into different configurations. To help instill a sense of inclusion and personalization, children are encouraged to participate in meal planning and meal preparation. The facility’s monthly menu offers culturally diverse and nourishing meal options. Meal and snack schedules are set. However, staff are flexible and accommodate the needs of children outside these designated times. There are adequate safety and security systems in place. Medications are stored in a central locked cabinet and logged accordingly. The smoke alarms, carbon monoxide detectors, and fire extinguishers were tested by the fire inspector. The side yard has a patio and a large lawn area for recreation. The small backyard space hosts a vegetable and herb garden. The facility does not have any open bodies of water.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

The Receiving Home employs evidence-based, trauma-informed approaches to help support children experiencing the physical, mental, and behavioral effects of past trauma. Staff make every effort to keep children enrolled in their home schools to minimize disruptions to their educational progress and preserve relationships with peers and teachers.

The facility is adequately staffed with qualified professionals. Staff exhibit enthusiasm, creativity, and take tremendous pride in the care they provide their clients. Staff include the children in decision making whenever possible, and strive to make a meaningful difference in their daily lives. The facility's placement team is responsible for identifying resource homes for the children and coordinating their transition into a more permanent placement. Due to the limited number of resource homes in San Mateo County, most children are placed outside of the county—which further separates them from their family members, friends, schools, and communities. The lack of available resource homes is not unique to San Mateo County. Due to the high cost of housing in the Bay Area, the vast majority of available resource homes are located in the Central California Sacramento regions of the state. Youth who turn 18 may transition into an ¹AB12– housing program.

Overall, the inspection team was very impressed with the facility and its staff. This well managed facility is exceptionally maintained and in excellent condition. There were no major issues noted in this inspection. There were only a few areas of concern for which we have provided recommendations below.

COMMENDATIONS

The commission wishes to thank Mr. John Fong and Ms. Aimee Salazar for their responsiveness, professionalism, and commitment to transparency throughout the inspection process. Their cooperation, engagement and assistance were greatly appreciated.

¹ AB 12 allows eligible child welfare or probation youth to remain in the Foster Care system until age 21.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

RECOMMENDATIONS

Update the Resident Handbook to Include Trauma Informed Language

Examples are listed below:

- “If you need extra clothing please let the counselors know and they will get you some spare clothing.” The use of the word “spare” can attach a negative association to the clothing being offered. By removing the word spare, will help to reduce the shame that may be felt for not having adequate clothing.
- “If you lose something, let the counselors know immediately. A reasonable effort to locate your property will be made.” The second sentence is cold and may not be age appropriate for all residents. By simplifying and using more positive language i.e., “and we will do our best to help you find it”—convey the message that you are not alone and staff are willing to help them.

Cell Phone Policy

The cellphone policy in the Resident Handbook states “ You pay your own phone bill”. It is unreasonable and unfair to expect a child to pay their phone bill. Children stay at this facility for at most 10 days. They do not have the ability to earn enough money to pay their phone bills. This policy places unnecessary stress on children as it forces them to look for alternative ways to obtain the money required to stay in contact with their family and friends. A fund should be established to cover the cost of one month's cell service for all children in need.

Weekly Allowance

Under current law, all foster children are entitled to an age-appropriate weekly allowance. The facility’s base allowance is \$2.00 and can earn a maximum of \$20 per week regardless of the child’s age or individual needs. We recommend increasing the allowance to at least \$25 per week—\$3.57 per day—to ensure all children are provided with a more fair and dignified level of support.

Outdoor Recreation Space

Despite the thoughtful design the outdoor recreation spaces remain underutilized. Key factors contributing to the underutilization of these recreation areas include:

- Exposure to direct sunlight from sunrise to sunset
- Lack of shade trees, structures, and sails to protect children from the sun
- Metal picnic tables and benches that become hot on warm day
- Absence of patio furniture
- Lack functional recreational equipment, games, and sports balls



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

Outdoor Recreation Space - Continued

These deficiencies undermine the intended purpose for this space—to provide a safe, enjoyable, environment for young people to gather, play, and enjoy the outdoors. Implementing the following improvements will increase utilization of this space and improve the overall quality of life for children at the facility.

- Install strategically placed shade sails
- Provide heat-resistant patio furniture
- Install umbrellas on the existing metal picnic tables
- Remove the damaged volleyball poles and net
- Purchase new recreation equipment and games

Due to the population fluctuations at the facility, providing recreation equipment and games that can be utilized by groups and individuals are key. i.e., basketball hoop, sports balls, and games such as ladder ball and corn hole.

Backyard Garden Area

The backyard lacks a water source to support the large garden. We recommend installing a hose bib and purchasing an extra long hose that is capable of reaching the garden area.

Placement Challenges

San Mateo County faces a critical shortage of resource homes. As a result, children must be placed outside of the county, separating them from their families, friends, schools, advocates, and natural communities. This displacement can exacerbate trauma and impact a child’s well being and academic progress. Unfortunately, this issue is not unique to San Mateo County. The high cost of housing in the Bay Area has pushed the majority of the state’s resource homes to more affordable areas—primarily the Central California and Sacramento regions. Without changes in legislation and/or substantial increases in the foster care reimbursement rates, the county must continue to engage in robust outreach efforts to recruit resource families. Equally important is preserving our existing resource homes. Regional collaboration will be required to increase the number of resource homes in the Bay Area.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

DOCUMENTATION				
REVIEWED	YES	NO	N/A	COMMENTS
Community Care License	X	<input type="checkbox"/>	<input type="checkbox"/>	Effective March 11, 2025 Expires: March 10, 2025
Fire Life & Safety Inspection: San Mateo County Fire Department	X	<input type="checkbox"/>	<input type="checkbox"/>	Initial Annual Inspection. Passed on April 17, 2024. There were no violations.
Natural Disaster & Fire Safety Evacuation, Drills, & Equipment	X	<input type="checkbox"/>	<input type="checkbox"/>	Fire extinguishers, smoke alarms, and carbon monoxide detectors were all present at the facility.
Pre-Intake, Intake & Checklist Procedures	X	<input type="checkbox"/>	<input type="checkbox"/>	
Removal and/or Discharge Procedures	X	<input type="checkbox"/>	<input type="checkbox"/>	
Resident Handbook	X	<input type="checkbox"/>	<input type="checkbox"/>	Handbook is available in English & Spanish. A copy is attached.
Facility Handbook	X	<input type="checkbox"/>	<input type="checkbox"/>	
Facility Rules	X	<input type="checkbox"/>	<input type="checkbox"/>	Rules are included in the Resident Handbook.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

Facility Dress Code	X	<input type="checkbox"/>	<input type="checkbox"/>	Being a coed facility, there is a dress code. The Receiving Home follows the same dress code policy as the County Office of Education.
<p>Staffing Ratios: 84665.5</p> <p>Sections 84065.5 and 84065.7 do not apply to Temporary Shelter Care Facilities</p>	X	<input type="checkbox"/>	<input type="checkbox"/>	<p><u>During the hours of 7:00 am - 10:00 pm</u></p> <ul style="list-style-type: none"> ● One child present: At least one direct care staff who is awake and on duty at the facility. ● Two to four children present, at least two awake direct care staff on duty and present at the facility. ● Five or more children present, at least one direct care staff member awake and on duty for every four children, or fraction thereof, present at the facility. <p><u>During the hours of 10:00 pm - 7:00 am</u></p> <ul style="list-style-type: none"> ● One child present, At least one direct care staff who is awake and on duty at the facility. ● Two to six children present, at least two awake and on duty direct care staff present at the facility. ● Seven or more children present, at least one awake and on duty direct care staff present at the facility for every six children, or fraction thereof, present at the facility. ● Activities Away From the Facility: At least one awake and on duty direct care staff present for each four children participating in planned activities. ● Additional staff shall be on call and capable of arriving at the facility within 30 minutes. ● If the children require special care and supervision because of age, problem behavior or other factors, the number of on-duty facility staff must be increased. ● A supervisor, a licensed social worker, is always on staff



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

Positive Discipline Policies & Procedures	X	<input type="checkbox"/>	<input type="checkbox"/>	
Crisis Intervention Services	X	<input type="checkbox"/>	<input type="checkbox"/>	
Emergency Intervention Plan	X	<input type="checkbox"/>	<input type="checkbox"/>	
Complaints & Investigation Reports	X	<input type="checkbox"/>	<input type="checkbox"/>	There were no reported complaints or investigations during this inspection period.
Medication	X	<input type="checkbox"/>	<input type="checkbox"/>	Medications are secured and documented accordingly.
Trauma Informed Policies	X	<input type="checkbox"/>	<input type="checkbox"/>	The cell phone policy inside the Resident Handbook informs children that “ You pay your own phone bill”. It is unreasonable and unfair to expect a child to pay their phone bill. Children stay at this facility for at most 10 days. They do not have the ability to earn enough money to pay their phone bills. This policy places unnecessary stress on children as it forces them to look for alternative ways to obtain the money required to stay in contact with their family and friends. A fund should be established to cover the cost of one month's cell service for all children in need.
Trauma Informed Interventions & Treatment Practices	X	<input type="checkbox"/>	<input type="checkbox"/>	The Facility utilizes evidence-based trauma treatment practices to address the physical, mental, and behavioral manifestations of their trauma. The Receiving Home’s guiding principles of Trauma Informed Care: <ul style="list-style-type: none"> ● Safety ● Trustworthiness, Transparency, Peer Support ● Collaboration and Mutuality ● Empowerment, voice, and choice ● Cultural, Historical, and Gender Issues



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

Use of Restraints	X	<input type="checkbox"/>	<input type="checkbox"/>	The facility does not use physical restraints.
LGBTQIA+ & Gender Inclusive Programming	X	<input type="checkbox"/>	<input type="checkbox"/>	The Receiving Home is a gender inclusive facility. All staff receive training at least annually on current LGBTQIA+ issues by allies and experts, consult with allies and experts when identifying supports for children and families, and work to ensure the environment of the residence reflects such.
Nutrition & Meals	X	<input type="checkbox"/>	<input type="checkbox"/>	Menu is attached
Weekly Allowance	X	<input type="checkbox"/>	<input type="checkbox"/>	Legislation mandates children receive an age-appropriate weekly allowance. Children can earn between \$2.00 -\$20.00 per week, irrespective of age. This sum is strikingly insufficient—failing to cover the cost of a soda and a bag of chips. We advocate for an increase to at least \$25 per week, equivalent to \$3.57 per day, to better align with the children’s age and personal needs.
Transportation	X	<input type="checkbox"/>	<input type="checkbox"/>	Transportation is provided by facility and county staff.
Other:	X	<input type="checkbox"/>	<input type="checkbox"/>	The facility is located in the San Mateo County Sheriff’s jurisdiction.

PROGRAMS & SERVICES

REVIEWED	YES	NO	N/A	COMMENTS
Assessments	X	<input type="checkbox"/>	<input type="checkbox"/>	Assessments include: <ul style="list-style-type: none"> ● Medical ● Developmental ● Behavioral ● Mental Health ● CSEC ● Court Ordered



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

Health Related Services	X	<input type="checkbox"/>	<input type="checkbox"/>	Residents receive all health related care in the community, as needed.
Education	X	<input type="checkbox"/>	<input type="checkbox"/>	Children attend school in the community. Every effort is made to maintain students in their home schools, to minimize disruptions and preserve their relationships with peers and teachers.
Programming Schedule	X	<input type="checkbox"/>	<input type="checkbox"/>	
Recreation Schedule	X	<input type="checkbox"/>	<input type="checkbox"/>	
Needs and Services Plan	X	<input type="checkbox"/>	<input type="checkbox"/>	Reviewed on site
Placement Planning	X	<input type="checkbox"/>	<input type="checkbox"/>	The placement team is responsible for placing children in approved foster homes. Due to the lack of available foster homes in the county, the majority of children are placed in homes that are located outside of the Bay Area.
Extracurricular, enrichment, and social activities	X	<input type="checkbox"/>	<input type="checkbox"/>	Children are encouraged to participate in extracurricular, enrichment, and social activities. The facility covers the cost of fees and expenses (registration fees, prom tickets, etc.)
Mentorship and Peer Support Programs	X	<input type="checkbox"/>	<input type="checkbox"/>	Most children who come into the facility already have a CASA. Referrals are requested for those who do not.
Visiting	X	<input type="checkbox"/>	<input type="checkbox"/>	Children can visit with approved family members and adults. They are free to socialize with friends and classmates. The county provides transportation to court ordered and supervised visits with parents and family members.
Telephone	X	<input type="checkbox"/>	<input type="checkbox"/>	There is a landline available for children to make calls.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

Cell Phones	X	<input type="checkbox"/>	<input type="checkbox"/>	<p>Children are able to use their personal cell phones at all times. If they need to use it at night they ask just to turn down the volume.</p> <p>Policy Note: The cell phone policy inside the Resident Handbook informs children that “ You pay your own phone bill”. It is unreasonable and unfair to expect a child to pay their phone bill. Children stay at this facility for at most 10 days. They do not have the ability to earn enough money to pay their phone bills. This policy places unnecessary stress on children as it forces them to look for alternative ways to obtain the money required to stay in contact with their family and friends. A fund should be established to cover the cost of one month's cell service for all children in need</p>
Mail	X	<input type="checkbox"/>	<input type="checkbox"/>	Children have access to both electronic and traditional mail.
Technology & Internet Use	X	<input type="checkbox"/>	<input type="checkbox"/>	Children are allowed to have cell phones and access to the internet for part of the day.
Outings	X	<input type="checkbox"/>	<input type="checkbox"/>	Children go on outings with staff.
PHYSICAL INSPECTION				
EXTERIOR OF FACILITY				
REVIEWED	YES	NO	N/A	COMMENTS
Parking Lot	X	<input type="checkbox"/>	<input type="checkbox"/>	The facility offers ample parking in the lot in front of the building. The parking lot is monitored.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

Lighting	X	<input type="checkbox"/>	<input type="checkbox"/>	We inspected the facility on a sunny summer day. No issues were noted or reported by residents or staff.
Security	X	<input type="checkbox"/>	<input type="checkbox"/>	The facility has security camera located throughout the perimeter of the property and adjacent parking
Roof, Gutters, & Drainage	X	<input type="checkbox"/>	<input type="checkbox"/>	No issues were noted. Roof and gutters appeared to be in good condition. No drainage issues were noted.
Windows & Doors	X	<input type="checkbox"/>	<input type="checkbox"/>	Clean and in good working order.
Sidewalks, Ramps, and Patios	X	<input type="checkbox"/>	<input type="checkbox"/>	No issues were noted
Gates & Fencing	X	<input type="checkbox"/>	<input type="checkbox"/>	Metal fencing surrounds the sides and rear of the property.
Landscaping	X	<input type="checkbox"/>	<input type="checkbox"/>	The landscaping in the front of the facility is very well maintained.
Garden	X	<input type="checkbox"/>	<input type="checkbox"/>	There is a garden located at the rear of the building, between the outdoor recreation spaces. The garden has vegetables, fruits, and herbs. The area lacks a water source or a hose.
Renewable Energy	X	<input type="checkbox"/>	<input type="checkbox"/>	There are solar panels erected on several areas on the property. The panels are located beyond the fenced area.
Storage Shed	X	<input type="checkbox"/>	<input type="checkbox"/>	There are at least two large storage sheds on the property.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

OUTDOOR ACTIVITY SPACE				
REVIEWED	YES	NO	N/A	COMMENTS
Outdoor Recreation Area	X	<input type="checkbox"/>	<input type="checkbox"/>	<p><u>Northern Side of Facility</u> Located outside the kitchen/dining room. It contains a large cement patio, two metal picnic tables, two Webber BBQ's and a storage shed. There are no trees and the area receives full sun from sunrise to sunset, making the picnic tables unusable on hot days. A large well manicured lawn extends beyond the patio. A basketball hoop was the only recreation equipment in this space.</p> <p><u>Southern Side of Facility</u> The recreation area on the southern side of the property is made up of a cement walkway and large grassy area. The entire area is in direct full sun all day. There are no shade trees. There is a metal bench and metal picnic table that become too hot to use on hot days. There is a volleyball net that is in need of replacement. There were no recreation equipment, balls, or games in this space.</p> <p>The outdoor recreation areas are lacking in adequate shade, with no trees to provide relief and constant exposure to direct sunlight throughout the day. We recommend adding umbrellas to all three metal picnic tables, installing several sun shade sails, and purchasing recreation equipment and games for use in these spaces.</p>
Patio & Walkways	X	<input type="checkbox"/>	<input type="checkbox"/>	Patos and walkways are in good condition.
Recreation Equipment	<input type="checkbox"/>	X		The southern recreation area has a large volleyball net set up in the lawn area that is heavily frayed and damaged beyond repair. There were no other games, balls, or equipment noted.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

Recreation: Hiking	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	The facility is set in a rural part of unincorporated San Mateo County, offering frequent opportunities for nature walks and hikes in the immediate and surrounding areas.
Comments	<p>Despite its thoughtful design and excellent maintenance, these spaces remain underutilized. Key factors contributing to the underutilization include:</p> <ul style="list-style-type: none"> • Prolonged exposure to direct sunlight • Insufficient shade to provide relief • Metal surfaces that cannot be used on warm days • Absence of patio furniture • Lack functional recreational equipment 			
Recommendations	<p>We recommend making the following improvements:</p> <ul style="list-style-type: none"> • Install strategically placed shade sails • Introduce shade trees • Provide heat-resistant patio furniture • Install umbrellas on the existing picnic tables • Remove the damaged volleyball set • Purchase new recreation equipment and games 			
MAIN ENTRANCE, LOBBY, & ADMINISTRATIVE OFFICES				
REVIEWED	YES	NO	N/A	COMMENTS
Furniture	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	There is a seating area inside the lobby.
Walls & Flooring	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No issues were noted.
Doors	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	The main entrance opens to a small lobby, separated from the administrative offices by a locked door. Inside, there are two additional locked doors: one leading to the Receiving Home and the other to the Elysian–STRTP. Access is limited to authorized staff only. While the doors are locked to control entry, they can always be opened from the inside, allowing residents the ability to leave the facility at any time.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

Hallway	X	<input type="checkbox"/>	<input type="checkbox"/>	The main hallway is clean, free of clutter, and has art displayed on the walls.
Meeting & Therapy Rooms	X	<input type="checkbox"/>	<input type="checkbox"/>	Private meeting spaces are available. Therapy can also be done off-site.
Administrative Offices	X	<input type="checkbox"/>	<input type="checkbox"/>	<ul style="list-style-type: none"> ● Records are kept by community worker (office manager) in locked room ● When children become of age, their files are sent to storage. Files are destroyed at age 21 ● Main files are kept in Redwood City ● Children can receive a copy of their file if requested

FACILITY INTERIOR

INDOOR ACTIVITY SPACE / DAYROOM

REVIEWED	YES	NO	N/A	COMMENTS
Staff Office	X	<input type="checkbox"/>	<input type="checkbox"/>	The staff office is centrally positioned between both facilities and provides a secure, enclosed environment. This space allows staff to monitor and access children in both facilities. It is equipped with a desk telephone, computer, non-secure records, logs, and security camera monitors.
Layout				There is a play area, TV, reading, and arts & Crafts area
Cleanliness	X	<input type="checkbox"/>	<input type="checkbox"/>	Very clean and well organized.
Walls & Flooring	X	<input type="checkbox"/>	<input type="checkbox"/>	Colorful art and wall hangings are displayed throughout the dayroom. The flooring is a wood laminate that provides a very clean and homelike feel to the space.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

Doors & Windows	X	<input type="checkbox"/>	<input type="checkbox"/>	Doors and windows are well maintained and secured. Cannot enter from the outside.
Furniture	X	<input type="checkbox"/>	<input type="checkbox"/>	
Fixtures: Cabinets	X	<input type="checkbox"/>	<input type="checkbox"/>	Built-in cabinets are filled with blankets children can use when watching movies or TV.
Study Room	X	<input type="checkbox"/>	<input type="checkbox"/>	There is a study room adjacent to the day room. The room is furnished with a desk and chairs. There is a desktop computer and internet access available. Children can use the study room to study and meet with service providers.
HALLWAYS				
REVIEWED	YES	NO	N/A	COMMENTS
Cleanliness	X	<input type="checkbox"/>	<input type="checkbox"/>	Hallway was clean, and free of clutter and obstructions.
Walls & Flooring	X	<input type="checkbox"/>	<input type="checkbox"/>	Wood laminate flooring is clean and well maintained.
Doors	X	<input type="checkbox"/>	<input type="checkbox"/>	All doors operate properly and are free from damage.
Fixtures	X	<input type="checkbox"/>	<input type="checkbox"/>	Built in cabinets are used for linen, towels, and personal hygiene items.
Supply Closet	X	<input type="checkbox"/>	<input type="checkbox"/>	Room includes a large supply of hygiene, clothing, cleaning, and other supplies.
Gym	X	<input type="checkbox"/>	<input type="checkbox"/>	The facility is equipped with an indoor gym. Residents also have access to the YMCA and the B Street Boxing Center.
Laundry Room	X	<input type="checkbox"/>	<input type="checkbox"/>	Well maintained and organized



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

BATHROOMS

REVIEWED	YES	NO	N/A	COMMENTS
Cleanliness	X	<input type="checkbox"/>	<input type="checkbox"/>	Bathrooms are spotless, modern, and well organized. There is space for personal items
Toilets	X	<input type="checkbox"/>	<input type="checkbox"/>	Clean, operable, and in good condition
Showers	X	<input type="checkbox"/>	<input type="checkbox"/>	Clean, operable, and in good condition
Sinks	X	<input type="checkbox"/>	<input type="checkbox"/>	Clean, operable, and in good condition
Toiletries & Towels	X	<input type="checkbox"/>	<input type="checkbox"/>	Toiletries are of good quality and specific to each child.
Windows & Doors	X	<input type="checkbox"/>	<input type="checkbox"/>	There are no windows in the bathrooms. Doors are operable and in good condition.
Walls & Flooring	X	<input type="checkbox"/>	<input type="checkbox"/>	Mirrors are anchored to the walls above the sinks. The Floor is in good condition.
Lighting	X	<input type="checkbox"/>	<input type="checkbox"/>	Overhead lighting is adequate for the space.
Ventilation	X	<input type="checkbox"/>	<input type="checkbox"/>	No issues were noted.

KITCHEN - DINING ROOM

REVIEWED	YES	NO	N/A	COMMENTS
Cleanliness	X	<input type="checkbox"/>	<input type="checkbox"/>	The area is very clean. There are no residual odors of any kind present.
Appliances	X	<input type="checkbox"/>	<input type="checkbox"/>	Appliances are updated, clean, and in good repair.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

Food Storage / Panty	X	<input type="checkbox"/>	<input type="checkbox"/>	There is plenty of space for food storage. The pantry is fully stocked.
Furniture	X	<input type="checkbox"/>	<input type="checkbox"/>	The dining room is thoughtfully designed to foster a sense of community, with ample space and flexibility for all children to dine together. The tables can be easily rearranged in the space. The set up encourages creativity and collaboration.
Windows & Doors	X	<input type="checkbox"/>	<input type="checkbox"/>	There is lots of natural light. Sliding glass door and lots of windows.
Walls & Flooring	X	<input type="checkbox"/>	<input type="checkbox"/>	Flooring is updated and well maintained.
Lighting	X	<input type="checkbox"/>	<input type="checkbox"/>	Lots of natural light
Ventilation	X	<input type="checkbox"/>	<input type="checkbox"/>	There is a vented hood above the stove. The space is free from any residual odors.
Comments	The monthly menu provides diverse and nourishing meal options. While there are structured mealtimes and snack schedules, staff are flexible and accommodate the needs of children outside these designated times.			

BEDROOMS

REVIEWED	YES	NO	N/A	COMMENTS
Bedrooms: Number of children per room.	X	<input type="checkbox"/>	<input type="checkbox"/>	Bedrooms can accommodate up to two residents. However, residents are provided their own room whenever the population allows.
Cleanliness	X	<input type="checkbox"/>	<input type="checkbox"/>	The bedrooms are very clean and well organized.
Personal Property	X	<input type="checkbox"/>	<input type="checkbox"/>	Children have storage areas to be able to store their personal items.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

<p>Clothing</p> <ul style="list-style-type: none"> ● clothing ● seasonal ● outdoor ● shoes 	X	<input type="checkbox"/>	<input type="checkbox"/>	Children receive an annual clothing allowance of \$200 from CFS/HSA. The facility also has an emergency clothing fund. Local businesses and Community Based Organizations also donate gift cards and new items for the child.
Personal Hygiene Items	X	<input type="checkbox"/>	<input type="checkbox"/>	Upon arrival, children receive a collection of culturally and ethnically appropriate hygiene products designed to meet their individual needs. Items include, premium-quality lotions, shampoos, conditioners, and skincare items tailored to promote well-being and self-care. The facility has established partnerships with local programs that supply much of these products free of charge.
Personal Storage: Closet/Wardrobe	X	<input type="checkbox"/>	<input type="checkbox"/>	Each room is equipped with a closet/wardrobe for each resident to hang and store their personal items.
Furniture	X	<input type="checkbox"/>	<input type="checkbox"/>	Each room is furnished with 1-2 beds, dressers, a desk, and a chair.
Bed & Mattress	X	<input type="checkbox"/>	<input type="checkbox"/>	Bed and mattress appear to be clean and in good condition.
Bedding & Pillows	X	<input type="checkbox"/>	<input type="checkbox"/>	Bedding and pillows are clean and in good condition.
Windows & Doors	X	<input type="checkbox"/>	<input type="checkbox"/>	Each room has a window. Solid bedroom doors allow for privacy.
Walls & Flooring	X	<input type="checkbox"/>	<input type="checkbox"/>	Clean and in good condition
Room Temperature	X	<input type="checkbox"/>	<input type="checkbox"/>	Temperature was mild and comfortable.
Ventilation	X	<input type="checkbox"/>	<input type="checkbox"/>	The bedrooms appear to be well ventilated.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

Comments	Furniture must stay in the rooms, but residents are able to and encouraged to rearrange the room as they desire			
STAFF INTERVIEWS				
REVIEWED	YES	NO	N/A	COMMENTS
Do you have the training, tools, and resources needed to successfully complete your job duties?	X	<input type="checkbox"/>	<input type="checkbox"/>	All three staff members we interviewed answered yes to this question.
Are there an adequate number of supervisors?	X	<input type="checkbox"/>	<input type="checkbox"/>	
Staff Training	X	<input type="checkbox"/>	<input type="checkbox"/>	Staff participate in various trainings throughout the year. Each position has some form of mandatory training or continuing education hours.
Do you feel the promotion process is fair and transparent?	X	<input type="checkbox"/>	<input type="checkbox"/>	Employee turnover is minimal and most employees have worked their way up to their current positions.
What are the biggest challenges facing the facility?	X	<input type="checkbox"/>	<input type="checkbox"/>	The lack of available resource homes in the county makes it very difficult to place children. More needs to be done to secure local placement options for children. Placing children outside the county separates them from their family, friends, and support systems. Increasing resource family rates, adding in additional stipends and incentives would help offset the high cost of living in the Bay Area.



**Juvenile Justice Commission
 Inspection Report
 San Mateo County Receiving Home
 Temporary Shelter Care Facility- TSCF**

Internal Communication	X	<input type="checkbox"/>	<input type="checkbox"/>	Information is conveyed to staff orally during change of shift. Information is also documented in the log book.
External Communications: Social Workers, educators, service providers	X	<input type="checkbox"/>	<input type="checkbox"/>	Communication is communicated through confidential email, telephone, and during regular MDT meetings.
Employee Morale	X	<input type="checkbox"/>	<input type="checkbox"/>	Employee morale is very good. Employees work well as a team and help support each other. get along well.
Is there anything we have not covered that you would like to add?	X	<input type="checkbox"/>	<input type="checkbox"/>	The staff at this facility have been employed here for many years and care deeply about the children they serve. Many have worked their way up to their current positions and have sought degrees to advance their careers.



**Juvenile Justice Commission
Inspection Report
San Mateo County Receiving Home
Temporary Shelter Care Facility- TSCF**

Signatures of Juvenile Justice Commissioners preparing this report:

Commissioner Johanna Rasmussen

Date: November 29, 2024

Commissioner Paul Bocanegra

Date: November 29, 2024

Commissioner Whitney Genevro

Date: November 29, 2024

ATTACHMENTS

- Resident Handbook
- Meal & Snack Menu

Welcome to

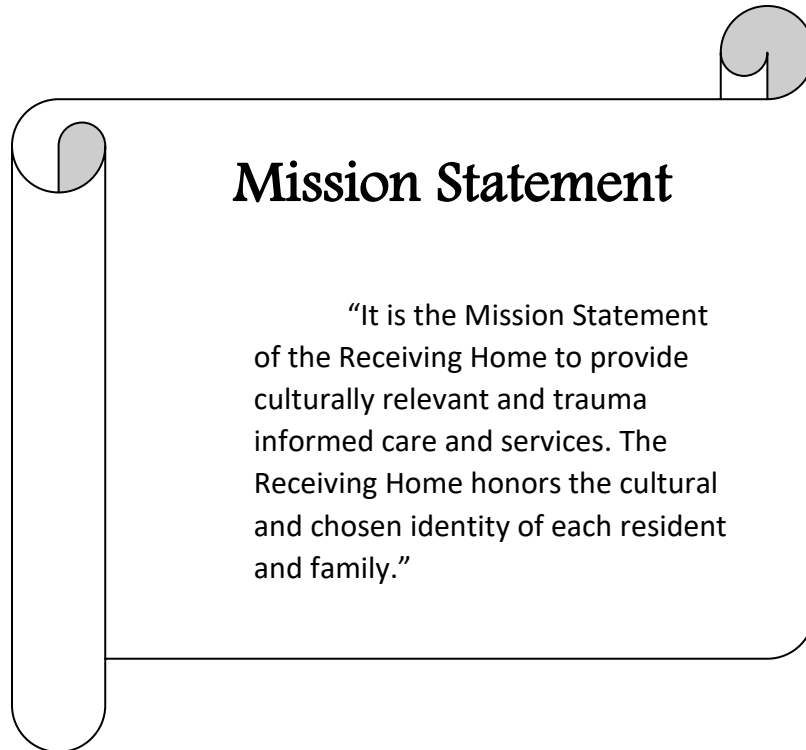
The Receiving Home



Table of Contents

RH Mission Statement & Welcome	1
House Guide	2
Clothing	2-3
Property	3-4
Cell Phone Policy	4
School	6
Study Time	7
Personal Cleanliness	7
Personal Space and Physical Contact	7
Unauthorized Leave.	7
Positive Discipline	8
Room Time.	8
Room Searches	8
Chores	9
Group Meetings	9
Visits	9
Appointments	9
Phone Calls / Mail	10
Primary Counselors	10
Personal Information	10
Therapy	10
Medical Attention	10
Television	10-11
MP3/Electronics	11
Food	11
Smoking	11
Grievances	11
Closing	12
Conclusion	12

The Receiving Home



Mission Statement

“It is the Mission Statement of the Receiving Home to provide culturally relevant and trauma informed care and services. The Receiving Home honors the cultural and chosen identity of each resident and family.”

Welcome to the Receiving Home. We know that this is a difficult time for you and we would like to help make your temporary stay here as safe and comfortable as we can. During your short stay the Receiving Home prioritizes your comfort and safety. Our goal for this youth handbook is to help orient you to the Receiving Home program.

The Receiving Home (RH) provides stability, support, and nurturing for residents; to help them strengthen their skills, encourage positive attitudes, and to assist them in attaining their educational goals. The agency will respect the rights of residents to explore life's options and to maximize their individual potential.

House Guide

Supervision and safety are the counselor's most important responsibilities. The counselors will check in with you to ensure you are comfortable and safe. The Receiving Home team is here to support you and will provide you a tour of the facility on first day. If you would like to use the study room, sensory room, backyard, or a room where it is quiet please let the counselors know. They can help guide you on where to go and how to use each space.

Some other things to know:

- To keep everyone's information safe, only staff can go in the staff office
- At any time please ask the counselors if you have questions or would like to review your personal rights and/or the resident handbook
- The counselors are here to assist you
- The counselors will assist you in waking up for school, please let them know if you have a specific wake up time or would like an alarm clock
- Yes, you will receive a weekly allowance; extra allowance and gift card incentives can be earned
- For teens lights out is at 10pm during the weekday and 12am on the weekends (Counselors can determine an earlier bedtime if necessary to ensure enough rest time)
- For pre-teens your counselor will set up your bedtime to ensure you have enough rest based on pediatric recommendations
- The house will be able to go in group and individual outings
- Activities will be planned 7 days a week
- Your education is important, attending school daily the number 1 priority
- Resident can hang out in the milieu, bedrooms are your personal space
Any drugs, weapons, or contraband will be removed by the counselors, as the Receiving Home is a safe place for all.

Clothing

Since the Receiving Home is a co-ed facility, there is a dress code. The Receiving Home follows the dress code policy which is the same as the office of education.

The dress code followed is:

- Supporting all residents to develop a body-positive self-image.
- All residents are encouraged to dress in a manner that is comfortable and conducive to program and allows them to express their self-identified gender.
- Residents should be able to wear clothing without fear of or actual unnecessary discipline or body shaming.
- Clothes shall be sufficient to conceal undergarments. Shirts or tops must be worn at all times and must cover the back, front and sides of the torso.
- Shoes must be worn at all times, the Receiving Home provides slippers to residents to be more comfortable
- Hats, caps and other head coverings shall not cover the face unless for religious purposes.
- Residents CANNOT Wear Clothing, jewelry and personal items (backpacks, fanny packs, gym bags, water bottles etc.) that depict:
 - Violent language or images
 - Images or language depicting drugs, alcohol, tobacco, nicotine, e-cigarette or vaping, hate speech, profanity, pornography (or any illegal item or activity) or the use of the same
 - Images or language that create a hostile or intimidating environment based on any protected class (defined as race, ethnicity, country of origin, religion).

If you have a large amount of clothing, the Receiving Home team can provide you with an extra locked storage space. Any items you place in the storage, we suggest you use a permanent marker or ask for a luggage tag to mark your belongings.

Since you will only be here for a short while, we ask that you do not lend out your clothing. The Receiving Home is not responsible for any items.

If you need extra clothing please let the counselors know and they will get you some spare clothing. All residents have access to the laundry room. Staff can assist you in doing your own laundry. If you have delicate or new items, you may want to hand wash them. Clean clothing left behind in the laundry room is folded and put in the living room for you to pick up in the mornings.

You will be provided with a comb, toothbrush, and other personal care products that you need. We have hair dryers and a clothing iron available for your use. However, due to safety issues, ironing is allowed only with supervision by the staff.

Property

All of your other personal property should be put into the secured storage area and may include electronic items, jewelry and other valuables. We are not responsible for, nor can we replace, any lost, broken, or stolen property unless caused by staff negligence.

If you have valuables, please give them to a staff counselor who will log and store them for you. Money is easily lost or stolen and we cannot replace it. For your own protection, we strongly suggest that all monies over \$20.00 be locked in the safe by one of the Receiving Home supervisors. Your money can be accessed anytime Monday through Friday between 9:00 am and 5:00 PM.

If you lose something, let the counselors know immediately. A reasonable effort to locate your property will be made.

Cell Phone Policy

The Receiving Home's goal is to keep you connected with family and friends, therefore we encourage you to stay connected whether that's via cell phone, email, and/or writing letters. There are multiple designated areas where you can use your cell phone/electronics, check in with a counselor and they will guide you on an open and private space to use your cell.

Please be mindful to keep your cell phone and/or electronics on you or in your room. To prevent your phone/electronics from being stolen, lost, or damaged we ask not to share with other residents. All residents will have access to a house phone while you are in the milieu.

Resident agreements:

- You pay your own cell phone bill.
- Cell phones can be taken to school, visits, work, etc.
- Everyone has a right to their privacy. Do not take pictures, videos, recordings, etc. of other residents and/or staff.

School

School is a priority at the Receiving Home and you will attend school while you are here. You will be assigned an Educational Liaison who will have contact with your school to help you with problems and to monitor your attendance. Your primary counselor can also assist you. If you are too sick to attend

school, the team will have you rest in your room to help you heal and feel better. Sick time/room time ends at 4:30pm.

Study Time

Study time is a tool we use to help you succeed. Sunday through Thursday, Study time is held for 1 hour after upon your return. You can definitely have extra time to study and/or to complete your homework; let the counselors know if you need any supplies or extra time. You can complete your homework in our study room, in the milieu, sensory room, or family visitation room. The counselors can also help you with studying and assist with homework support.

To provide the best study space, the staff will ensure your study space is quiet. Art projects and computer time must be homework related.

Personal Cleanliness

Since the Receiving Home is a group living situation, each person is expected to themselves and the house neat and clean. You are expected to shower every day and keep your clothing clean. You can shower in the morning or evening just as long as you let staff know beforehand. Evening showers must be taken at least 30 minutes before bedtime. We supply clean bedding once a week, but you are free to ask for a change more frequently if you need to. You will be expected to make your bed each morning before breakfast. It is your responsibility to keep your room, bed, closet and belongings clean at all times and floors clear of clutter. The counselors will inspect these areas daily and if your room is in order.

Personal Space and Physical Contact

No physical contact of any kind is allowed between residents at any time. Therefore, there is no: wrestling, poking, punching, slapping, kicking or other kinds of physical horseplay. Opposite sex bedroom areas are off-limits at all times.

Unauthorized Leaves

If you are thinking of leaving, please think about the following things:

- Do you have a safe place to stay?
- What will you do if you get sick or hurt?
- What will you eat and where will you sleep?
- What will you do if someone tries to hurt you?
- Could you hurt your chances to go to the best possible placement?

If you AWOL, several things happen: We call the police, your parents, your Social Worker; on return, and you will be on Reflection for 16 awake shift hours.

If you are feeling uptight, nervous, angry, depressed, afraid, sad, confused, crowded, whatever, and you think that leaving will help, please try to talk to a counselor. They all want to make your stay here the best that it can be and to be as open and helpful as they can.

Positive Discipline

At the Receiving Home we do not use any of the following as punishment: corporal punishment; adverse stimuli; withholding food or water; inflicting physical or psychological pain; demeaning, shaming or degrading language or activities; unnecessarily punitive restrictions including cancellation of visits or work assignments; punishment by other residents, group punishment or discipline for individual behavior or unwarranted use of invasive procedures or activities as disciplinary actions.

We understand it is a difficult time and everyone approaches situations differently. The counselors at the Receiving Home are here to support you. If you are feeling upset, anxious, overwhelmed take space or talk to a counselor. Each resident will have their own individualized plans according to age range.

The Receiving Home team encourages residents to work on their own goals for their brief stay in the shelter program. All Positive Discipline has age appropriate consequences and support the resident with keeping hope, learning and identifying their own behaviors. Counselors work closely with each resident and offer trauma informed interventions such as talking space, talking to their preferred counselor on duty or their primary, writing a reflection letter, meditation, yoga, slime activity, throwing soft/plush toys, listening to music, sleep, aroma therapy, coloring, drawing, utilization of the sensory room, walking outside with staff, and grounding exercises. The Receiving Home team constantly praises all residents and provides positive feedback to eliminate a bad experience. Limit setting and establishing clear expectations of each resident is also utilized in our practices.

Time

Room time is encouraged when your behavior requires you to take space, regroup, and have some quiet time to calm down. Room time is usually 15 to 30 minutes in length, however, it may be extended depending on your needs.

Room Searches

We understand every persons need for privacy. During your stay at the Receiving Home, we will make every effort to ensure your privacy. However, there are times when it is important to ensure the safety and security of all the kids and staff here. Therefore, if we feel it is important and have reasonable cause, we will do unannounced room searches. This can be a difficult event and will only be conducted when staff has reasonable suspicion that there is a safety or security issue (i.e. weapons, drugs, stolen items, etc.)

Chores

Since your stay at the Receiving Home is short, we ask that your main chores are keeping your room clean, laundry washed, and cleaning up after yourself, for example after you eat. The staff are here to also teach you new independent skills and will assist you with cleaning. Extra chores can be done to earn extra money and gift card incentives. Options for chores are sweeping, mopping, washing dishes, drying dishes, cleaning the bathroom, cleaning the shower, washing the kitchen towels, or organizing the community space such as the living room. Residents are expected to make their beds each morning before breakfast, and they are expected to clean their dishes after meals. The counselors will check the residents' rooms and bathrooms daily to ensure cleanliness and clear of clutter. Counselors will also encourage residents to keep their belongings out of the common area as it is a shared space.

Group Meetings

Group meetings are held at least once each day. This is a time to express yourself to other kids and staff about feelings you may have, both positive and negative. If you are having problems with another resident, or wish clarification on house rules, this may be the time to express them. Other kids may feel the same way you do about things. Sometimes, your peers may have ideas or suggestions that might help. Group is also a time to thank anyone who may have helped you out.

Visits

You may have visitors while you are at the Receiving Home unless it poses safety, security, or confidentiality issues.

- All supervised visits are arranged by your Social Worker.
- All visitors must sign the Visitation log before meeting with you or taking you out.
- Please inform staff in advance of any pending visits in order to allow staff to make the appropriate arrangements for the visit, (i.e. a meeting room reservation, your availability, etc.).

This applies provided that such visitations are not prohibited by your needs and services plan; do not infringe upon the rights of other children; do not disrupt planned activities; and are not prohibited by court order or by your authorized representative.

Appointments

Most appointments for Receiving Home residents are scheduled after school. These might include: visits, meetings with social workers, attorneys, Court, therapy appointments, medical

or dental appointments etc. Occasionally, these appointments must be scheduled during school time. If this happens, we will try to have you attend at least a part day.

Phone Calls / Mail

All phone calls are allowed except to those persons specified on the “Do Not Call” list by your Social Worker. Phone calls are usually limited to 10 minutes when another resident is waiting to use the phone. If no one else is waiting to use the phone call, the time can be extended. However, if there are supervisory needs or other concerns the staff can ask you to end the call. Calls are to be made and received before and after school and before 9:00 pm on school nights (Sun–Thurs) and 10:00 pm on weekends (Fri-Sat). You may use the phone only with staff permission and phone conversations may be terminated if staff overhears any phone call that poses a safety or security risk to children and/or staff.

This applies provided that such calls are not prohibited by your needs and services plan; do not infringe upon the rights of other children; do not disrupt planned activities; and are not prohibited by court order or by your authorized representative.

You may send and receive mail using the Receiving Home address. Staff will not open your mail unless it presents a safety issue.

Primary Counselors

All Receiving Home residents are assigned a “Primary” Counselor who will be the key person to assist you with whatever you need. We take great care that the Primary Counselor chosen for you is the most suitable based on your needs. They will work with your school, social worker, CASA worker, family, friends and anyone else you need them to.

Personal Information

In order to assess and best meet your needs, you may be asked for personal information by RH staff. You will only be asked for pertinent information related to your assessment. All information will be kept confidential, unless it’s related to risk or safety.

Therapy

While at the Receiving Home, you will have access to therapists. They will set up an initial appointment with you and are available to talk with.

Medical Attention

You will have a physical examination within the first 2 days you are here. This exam is for everyone to make sure you are healthy. We will also get you any additional medical attention that you need.

Television

TV viewing is at staff discretion.

We do not allow music TV or R- rated videos or movies or any programs that do not have an appropriate rating.

The following channels are generally not allowed: Comedy Central, MTV, VH1, and B.E.T.

TV time is usually limited to about 1½ hours of TV daily.

On school days, there is no TV in the mornings, Monday through Friday, except to watch news. There is no TV in the afternoons, Monday through Thursday, until after Group and Learning Time. No exceptions.

MP3/Electronics

The Receiving Home has MP3 players that can be checked out. Please check in with your Primary counselor to check out an MP3 player. The team can also help you download your choice of music. (Please keep the music clean)

Food

At the Receiving Home we encourage healthy eating, therefore, no soda is allowed in the house. Also, if you have fast food or any type of snack food, dessert or soda, from outside the RH, you cannot bring it back into the house. You should finish it prior to returning to the RH.

Eating outside of the kitchen area is allowed under special circumstances only. Water is allowed in all areas.

Meals

Meals are served as follows:

- Breakfast – 6 am – 8: 40am
- Snack – 10:00 am
- Lunch – 12 pm – 1 pm (drinks = milk/water only)
- Snack – 3:30 p.m.
- Dinner– 5:00 pm – 6:00 pm (drinks = milk/water only)
- Snack – 8:00 p.m.

In the event that you miss a meal and are hungry, you will be offered fruit, yogurt and/or juice. Other foods will not be available until the regularly scheduled mealtime.

Smoking

There is absolutely no smoking at any time at the Receiving Home.

Grievances

If you are having difficulty regarding a rule, policy, or practice, you may follow these steps to obtain answers or discuss problems:

- If you have difficulty working with a counselor, you should first try to talk with that person to resolve the situation.
- If you are still not able to resolve the problem, you can talk to another counselor and they will try to resolve the situation.
- If you are not satisfied with the outcome, you may complete a formal written grievance and talk with a Senior Counselor or Supervisor and/or request the issue be brought up at Staff Meeting.
- If you feel that the outcome is unfair, you may call CCL.

Conclusion

We hope you feel comfortable during your short stay. Please remember the counselors are here to support you. Feel free to ask any questions.

Connections

Receiving Home	650-312-5320
CPS On-call Social Worker	650-573-2866
CCL (Community Care Licensing)	650-266-8800, 650-266-8843
Foster Care Ombudsman	1-877-846-1602
Planned Parenthood San Mateo	650-235-7940
National Sexual Assault Hotline	1-800-656-4673
Rape Trauma Services	650-652-0598
Rape Trauma Services 24/7 Crisis Hotline	650-692-7273
StarVista's 24/7 Crisis Intervention & Suicide Prevention Center	650-579-0350 call 650-747-6463 text
Suicide and Crisis Lifeline	988
Teen Crisis Services (peer support)	650-747-6463 text only

August



8/2024 Menu	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Chorizo / Eggs Waffles / Pancakes Fresh Fruit Milk Juice	Cereal (Hot Or Cold) Bagels Fresh Fruit Milk Juice	French Toast Cereal (Hot Or Cold) Fresh Fruit Milk Juice	Eggs Bacon Fresh Fruit Milk Juice	Cereal (Hot Or Cold) Cinnamon Toast Fresh Fruit Milk Juice	Waffles English Muffins Fresh Fruit Milk Juice	Pancakes Cereal (Hot Or Cold) Fresh Fruit Milk Juice
Morning Snack	Choices: Popcorn Power Bars Fresh Fruit, Nuts Milk / Juice	Choices: Popcorn Power Bars Fresh Fruit, Nuts Milk / Juice	Choices: Popcorn Power Bars Fresh Fruit, Nuts Milk / Juice	Choices: Popcorn Power Bars Fresh Fruit, Nuts Milk / Juice	Choices: Popcorn Power Bars Fresh Fruit, Nuts Milk / Juice	Choices: Popcorn Power Bars Fresh Fruit, Nuts Milk / Juice	Choices: Popcorn Power Bars Fresh Fruit, Nuts Milk / Juice
Lunch	Chicken salad lettuce wraps Milk/Water	Turkey Sandwich Soup Salad Fresh Fruit Milk / Juice	Chili Salad Corn Chips Fresh Fruit Milk / Juice	Grilled Ham & Cheese Soup Tortilla Chips Fresh Fruit Milk / Juice	Club Sandwich Salad Corn Chips Fresh Fruit Milk / Juice	Tuna Salad Sandwich Salad Tortilla Chips Fresh Fruit Milk / Juice	Chicken Sandwich Salad Milk/Water
Afternoon Snack	Choices: Popcorn or Power Bar Yogurt or String Cheese Crackers Fresh Fruit, Nuts Milk / Juice	Choices: Popcorn or Power Bar Yogurt or String Cheese Crackers Fresh Fruit, Nuts Milk / Juice	Choices: Popcorn or Power Bar Yogurt or String Cheese Crackers Fresh Fruit, Nuts Milk / Juice	Choices: Popcorn or Power Bar Yogurt or String Cheese Crackers Fresh Fruit, Nuts Milk / Juice	Choices: Popcorn or Power Bar Yogurt or String Cheese Crackers Fresh Fruit, Nuts Milk / Juice	Choices: Popcorn or Power Bar Yogurt or String Cheese Crackers Fresh Fruit, Nuts Milk / Juice	Choices: Popcorn or Power Bar Yogurt or String Cheese Crackers Fresh Fruit, Nuts Milk / Juice
Dinner					8/1. Oven Baked Rotisserie Chicken, Instant Pot Baked Potatoes, Maple Glazed Carrots, Milk/Water	8/2. Ground Turkey Tacos, Cilantro Lime Rice, Chips served with salsa and/or Guacamole Milk/Water	8/3. Chicken Bacon Ranch Flatbread, Arugula Pear Salad, Garlic Roasted Vegetables Milk/Water

Dinner	8/4. Crock Pot Pineapple Chicken, Asian Spicy Mayo, Rice, Fudge Brownies Milk/Water	8/5. Chicken and Tortellini, Italian Side Salad, Sautéed Spinach Milk/Water	8/6. Hot Honey Chicken Breast, Oven Roasted Vegetables, Buttermilk Cornbread Milk/Water	8/7. Mediterranean Ground Chicken Pitas, Homemade Tzatziki Sauce, Mediterranean Chickpea Salad, Roasted Potato Wedges Milk/Water	8/8. Pulled BBQ Pork, Macaroni and Cheese, Coleslaw Milk/Water	8/9. Southwest Burger, Cilantro Lime Pasta Salad, Oven Roasted Green Beans Milk/Water	8/10. Cheeseburger Pasta, The Best Roasted Veggies, Easy Dinner Rolls Milk/Water
Dinner	8/11. Cheesy Taco Skillet, Semi-Homemade Canned Black Beans, Chips, Zucchini Chips or Kale Chips, Mexican Street Corn Casserole Milk/Water	8/12. Chicken Veggie Stir Fry, Asian Cucumber Salad, Rice Milk/Water	8/13. Italian Grinder Sliders, Parmesan Roasted Cauliflower, Veggies and Dip Milk/Water	8/14. Crockpot Spaghetti Meat Sauce, Italian Dressing, Garlic Cheese Bread Milk/Water	8/15. Teriyaki Chicken Bites, Sautéed Spinach, Rice or Grains Milk/Water	8/16. Buffalo Chicken Flatbread, Broccoli Cauliflower Salad Strawberry Crumble Bars Milk/Water	8/17. Garlic Herb Butter Steak, Perfect Roasted Vegetables, Garlic Smashed Potatoes Milk/Water
Dinner	8/18. Baked BBQ Chicken, Creamy Southern Coleslaw, Homemade Buttermilk Cornbread Milk/Water	8/19. Cheeseburger Stuffed Meatloaf, Corn on the Cob, Baked Mac Milk/Water	8/20. Southwest Chicken, Mango Salsa, Cilantro Lime Rice Milk/Water	8/21. Tuscan Chicken Pizza, Best Roasted Veggies, Classic Wedge Salad Milk/Water	8/22. Baja/Chicken Bowls, Homemade Guacamole and salsa. Easy Mexican Cornbread Milk/Water	8/23. Baked Bean Burritos, Chips and salsa, Mexican Street Corn Casserole, Birthday Cake Cookies Milk/Water	8/24. BBQ Chicken Flautas, Broccoli Slaw, Pico de Gallo and Chips Milk/Water
Dinner	8/25. Rotisserie Chicken, Baked Potatoes, Maple Glazed Carrots Milk/Water	8/26. Garlic Steak Bites, House Salad, Corn Casserole Milk/Water	8/27. Rotisserie Chicken Salad, Classic Tomato Cucumber, Potato Wedges Milk/Water	8/28. Easy Baked Chicken Fajitas, Black Beans, Mexican Rice, Milk/Water	8/29. Baked Meatballs Parmesan, Garlic Roasted Vegetables, Parmesan Mashed Potatoes Milk/Water	8/30. Philly Cheesesteak, Baked Potato Wedges, Classic Tomato Cucumber Salad, Milk/Water	8/31. Mexican Shredded Beef Bowls, Mexican Rice or cauliflower rice, Toppings – Sour cream, shredded lettuce, pico de

		1. Chicken Quesadillas with Bell Peppers and Cheese	2. Pizza, salad Milk/water	3. Tacos with a choice of beef or chicken. Refried beans and Spanish rice	4. Tomato cream pasta with Caesar salad and garlic bread. Milk/Water	5. Lasagna and Salad Milk /Water Bake a fun Goodie!	6. Grilled shrimp skewers and vegetable fried rice Milk/Water
Dinner	7. Short Ribs, rice, and broccoli milk / water	8. Pesto Pasta, Salad, baked chicken thigh Milk/ Water	9. Skirt Steak, Sweet Potatoes, green beans, Milk/Water	10. Breaded Chicken Parmesan with Spaghetti and green beans Milk/Water	11. Chicken Alfredo with garlic bread and green beans Milk/Water	12. Tacos with choice of beef or chicken. Refried beans and Spanish rice	13. Ground beef, rice, asparagus Milk/water
	14. Spaghetti carbonara with garlic bread and salad Milk/Water	15. tofu stir fry with vegetables, rice noodles, or brown rice, Milk/water	16. Grilled chicken with steamed broccoli and brown rice Milk/Water	17. Chickpea Bowl with cucumber, tomatoes, Greek yogurt, feta cheese, Milk/Water	28. Burgers with French fries & Salad Milk/water	19. BBQ pulled pork sandwiches on whole wheat buns with fries and carrots. Milk/water	20. baked macaroni and cheese with broccoli or cauliflower. Milk/Water
Dinner	21. Shepherd's Pie, asparagus Milk/water	22. Creamy Chicken Alfredo Pasta Milk/water	23. Baked salmon with lemon butter sauce and broccoli. Milk/Water	24. Chicken Tikka Masala, carrots Milk/water	25. Broccoli Cheddar Soup Milk/water	26. Chicken Pot Pie, broccoli Milk/water	27. Chicken and Mushroom Risotto, asparagus Milk/Water

	28. Ribs, mashed potatoes, and green beans Milk/Water	29. Spaghetti with Meatballs and green beans Milk/water	30. Pan-seared chicken, elote, and artichoke milk/water	31. Bean with cheese pupusa and cabbage. Milk/water.			
--	---	---	---	---	--	--	--

